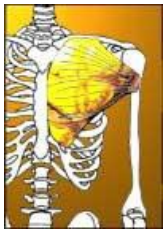

Advanced Biomechanics Series

with Liz Gaggini, MA

October 2012

Katonah, New York

Working with AA/PP Patterns – October 7-9, 2012

This 3-day class will look at assessing the dysfunctional asymmetry involved with AA/PP patterns. We will go into detail about how to assess and how to work out these most dysfunctional whole body asymmetries. We will also look at how not create AA/PP with our work.

Using Indirect Work – October 11-13, 2012

In this 3-day class you will learn how to use the mid-tide and long tide to assess fascial rotations, joint alignments and trauma locations. You will learn a technique for comparing restriction sites to determine which is primary and which are secondary. You will also learn to use indirect techniques to release trauma and long held restrictions to realign deep tissues.

Cranial Patterns in Asymmetries – October 16-18, 2012

The cranium responds to asymmetric patterns with predictable rotations and counter rotations. If this is not able to occur, then there can be significant problems with alignment throughout the cranium, jaw and upper neck. In this 3-day class you will learn to assess the position of the major bones of the cranium and how to use direct and indirect techniques to release and realign the fascia of this very important region.

These advanced classes are open to persons who have completed the Basic Biomechanics Series. If it has been over 6 years since you took the original series you might want to repeat the basic series or take the Legs and Arms class that is now an important addition to what you have previously studied.

There are two Basic Level Biomechanics Series in 2012 – February and March in Laguna Beach, California and July and September in Katonah, New York. You can repeat all or any section of the series for a full 50% discount on the tuition.

Credits: These classes are approved for Type One continuing education credits with the International Association of Structural Integrators and for Manipulation Level credits with the Rolf Institute.

Location and Lodging

Class location is 102 Moseman, Katonah, NY: This is a wonderful time of year to be in rural New York. There are private and shared bedrooms available to rent at the class house. Rooms will be $75 a night for privates and $40 a night for shared. There are hotels within 15 miles in Mount Kisco, NY and Danbury, CT.

Travel from New York City is 67 mins. on the Harlem Line out of Grand Central. Free shuttle is available to the class sight from the Katonah station. The best airports are LaGuardia and JFK, then, the Airport Bus to Grand Central, train to Katonah and free shuttle to the class site. The closest Amtrak station is Croton Harmon with a free shuttle to the class site.

Costs and Registration

Save $300 on the series with early registration. Each 3-day class is $500 and the series is $1500 with a $200 per class deposit received 45 days in advance of a class. Late registration is $600 each class and $1800 for the Series. Repeating participants take a 50% discount. Early deposit policies apply to repeating participants.

Make checks payable to: Adaptive Alignment, LLC and mail to **Adaptive Alignment, 7582 Las Vegas Blvd. South, Suite # 345, Las Vegas, NV 89123-1060.**

For credit cards use PayPal.com. For the payment destination at PayPal use the address, **adaptive.alignment@yahoo.com**.

Final Tuition: Your final tuition can be sent at any time but is due to be received no later than two weeks prior to the class. Information for downloading the class study manual will be sent once the class has its minimum enrollment and your final tuition is received.

Cancellations: Deposits and tuition payments are only refundable if the cancellation is received more than 30 days prior to a class. A 25% administration fee will be deducted.

Information on this and other classes is always available at *www.connetivetissue.com*.
You can email Liz at lizgaggini@gmail.com