



Three Advanced Visceral Classes

With Liz Gaggini

August –October 2012

Katonah, New York

This series will help your visceral work become more efficient and more profound. The classes need to be taken in the order they are scheduled. If you have repeated the Basic Class, you can skip the Review Class and take the Accessory Organ class as your first class or, you can take the Review Class as a repeater for a 50% reduction in tuition.

Review of the Basic Visceral Class – August 2-4: This will be 3 days to expand and deepen your skills in the territory and techniques taught in the Basic Visceral class. This is an opportunity to gain more confidence in areas that may have been difficult for you. It is also an opportunity to further develop the effectiveness and subtlety of your work. The interests and questions of the students will determine the class content.

Accessory Organs – September 14-16: In this 3-day class you will learn ways of working with several “smaller” organs. The gallbladder, pancreas, spleen, mesocolon will be covered. The releases in some of these areas will involve both direct and indirect work. As well, we will look at more minute parts of the urigenital and glandular systems such as the fallopian tubes, seminal vesicles, the adrenal and thyroid glands. We will also include aspects of the circulatory system, such as the pulmonary, renal and femoral arteries and veins, and the portal vein. All of these circulatory organs can transfer visceral strain from one area to another. Work with these tissues can not only help with integrative goals but can be very informative in visceral assessments.

Integrative Pathways and Advanced Indirect Techniques – October 25-27: This 3-day class will explore the connections within the visceral system that are important to the transmission of core function and support. This workshop will present several approaches for finding, opening and integrating these pathways. There is a depth of support and a profound integration in movement that the structure can find when these core connections are made. In this workshop you will also build on the induction technique you learned in the basic class. New indirect techniques will be introduced. These techniques will allow you to work with more than one restriction at a time and with more than one organ at a time. The addition of these techniques will help you create a significant harmony within the viscera and core and help you accomplish more in less time.

Continuing Ed: This class offers forty eight hrs of Level Two continuing education credit with the IASI and eight Manipulation Level continuing education credits with the Rolf Institute.

Open to all persons who have taken Liz Gaggini’s Core Integration class.

Location and Lodging

Class location: 102 Moseman, Katonah, NY. There are private and shared bedrooms available to rent at the house. It is also possible to pitch a tent if you would prefer. Rooms will be \$75 a night for privates and \$40 a night for shared. Tent camping will be \$20 a night. There are hotels within 15 miles in Mount Kisco, NY and Danbury, CT.

Travel from New York City is 67 mins. on the Harlem Line out of Grand Central. Free shuttle is available to the class sight from the Katonah station. The best airports are JFK and LaGuardia, then the Airporter bus to Grand Central, train to Katonah and free shuttle to the class site. The closest Amtrak station is Croton Harmon with a free shuttle to the class site.

Registration Information

Save \$300 on the series with early registration. Each 3-day class is \$500 and the series is \$1500 with a \$200 per class deposit received 45 days prior to a class.

Late registration is \$600 each class and \$1800 for the Series. Repeating participants take a 50% discount. Early deposit policies apply to repeating participants.

Make checks payable to **Adaptive Alignment, LLC** and mail to: **Adaptive Alignment, 7582 Las Vegas Blvd. South, Suite # 345, Las Vegas, NV 89123-1060.**

For credit cards use PayPal.com. For the payment destination at PayPal use the address, **adaptive.alignment@yahoo.com**.

Final Tuition: Your final tuition can be sent at any time but is due to be received no later than two weeks prior to the class. Information for downloading the class study manual will be sent once the class has its minimum enrollment and your final tuition is received.

Cancellations

Deposits are only refundable if cancellation is received more than thirty days prior to a class. A 25% administration fee will be charged.

Basic Classes upcoming: There are two Basic Visceral Classes on the calendar in 2012; January in Las Vegas, Nevada and November in Katonah, New York

***Further information on this and other classes can be found at
ConnectiveTissue.com***

You can email Liz at lizgaggini@gmail.co